



Tools For Action

A sample of physical education initiatives in Wisconsin

Big Friend - Little Friend

Contact Information

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Program Information

Program Name
Big Friend - Little Friend
Program Category
Integration of PE class with academic classes
Grade Level
Elementary School (K-2); Elementary School (3-5)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

Big Friend - Little Friend is a program to promote developmentally appropriate skill growth in a fun environment. Fifth grade students working one-on-one or two-on-one with kindergarten student(s) on skill development. The fifth grade students work on their leadership skills and being a good role model for the kindergarten students. While the kindergarten students benefit from monitored skill practice from the Big Friend. Great friendship are made! These friendships carry over to the lunch room, playground and on the bus ride to and from school. Parents and students participate in the end of the year picnic. Big Friends are recognized for their volunteer time at an end of the year All School Assembly.

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)